

West Feliciana Parish Child Nutrition Program Middle & High School Menu

February 2017 (Revised 01/11/2017)

MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
		2 oz. Asst. Muffins Applesauce / Juice / Milk Cheeseburger on Wheat Bun L/T/P Cup Tator Tots or French Fries Steamed Corn Fresh Fruit or Strawberry Cup Milk	Cereal/Graham Crackers/ Fresh Fruit/Juice/Milk Turkey/Sausage Gumbo Steamed Brown Rice Steamed Carrots Zesty Green Beans Fruit Mix / WW Crackers Milk	Biscuit/Sausage/ Syrup/Mixed Fruit or Fruit Choice/Milk Taco's / Taco Sauce Or Baked Potato w/Chili & Cheese L/T/Cheese Cup (Taco Menu) Baked Beans / WG Cookie Fresh Fruit Milk
6	7	8	9	10
French Toast Sticks w/ Syrup/ Pears /Milk/Juice Turkey/Sausage Jambalaya White Beans Dark Green Salad Sweet Potatoes Sliced Peaches/WG Roll/Milk	Breakfast Stix/Syrup/Pear Halves/Juice/Milk Chicken Nuggets Mac n Cheese Glazed Carrots Seasoned Green Beans Fruit Mix/Milk	Scrambled Eggs / Sliced Ham Banana/ Juice / Milk Hearty Taco Soup Grilled Cheese Sandwich Steamed Broccoli Fresh Fruit Choice/Milk	Biscuit/ Sausage/Juice/ Fruit Choice/ Milk Oven Baked Chicken Mashed Potatoes w/Gravy Dark Green Salad Strawberry Cup WG Roll/Milk	Waffles /Syrup/ Applesauce/Juice/Milk Hot Dog on WW Bun Tator Tots or French Fries Baked Beans Catsup/Mustard/Mayo Fresh Fruit Choice/Milk
13	14	15	16	17
Pancakes/Syrup/Orange Wedges/ Juice/Milk Red Beans or Pinto Beans w/Sausage or Ham Steamed Rice (Brown) Seasoned Greens Choice Sweet Potatoes/Chilled Pears WW Cornbread/ Milk	Breakfast Pizza/ Spiced Applesauce/Fruit/Milk Grilled Chicken Patty on WG Bun Baked French Fries L/T/P Cup Mixed Fruit Cup Catsup/Mustard/Mayo / Milk	Cereal/Graham Crackers/Fresh Fruit/Juice/Milk Chili Mac Or Baked Potato w/Chili & Cheese Dark Green Salad Steamed Corn (Chili Mac) Fresh Fruit WG Roll/Milk	Biscuit/ Sausage/Juice/ Fruit Choice/ Milk Turkey/Sausage Gumbo Steamed Brown Rice Carrot Sticks w/Dip Zesty Green Beans Fruit Mix / WW Crackers/Milk	Scrambled Eggs /Biscuit or Grits/Jelly Banana/Juice /Milk Hamburger on Wheat Bun L/T/P Cup/ Tator Tots/Baked Beans Fresh Fruit Choice Catsup/ Mustard/Mayo Milk
20	21	22	23	24
French Toast Sticks w/ Syrup/ Pears /Milk/Juice Turkey/Sausage Jambalaya White Beans Dark Green Salad Sweet Potatoes Sliced Peaches/WG Roll/Milk	Scrambled Eggs/Grits/Jelly/ Fruit Choice/Milk Spaghetti w/ Meat Sauce Steamed Broccoli Canned Fruit Choice Garlic Bread/Milk	Cereal/Graham Crackers/Fresh Fruit/Juice/Milk Pizza on WW Crust Dark Green Salad Steamed Corn Strawberry Cup/Milk	2 oz. Asst. Muffins Sliced Peaches / Juice / Milk Oven Baked Chicken Mashed Potatoes w/Gravy Dark Green Salad Fresh Fruit Choice WG Roll/Milk	Biscuit/Sausage/ Syrup/Mixed Fruit or Fruit Choice/Milk Taco's / Taco Sauce L/T/Cheese Cup Baked Beans / WG Cookie Fresh Fruit Choice/Milk
27	28	*Menus are subject to change due to availability* Extra sale choices are available daily for purchase. *	*Bagged Lunches are available upon request for student field trips (Cafeteria must be notified two weeks in advance)	

* Notification Statement: West Feliciana Parish Child Nutrition Program does not purchase peanuts and peanut butter for meals produced in our kitchens; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.