West Feliciana Parish Child Nutrition Program Middle & High School School Menu
January 2017 (Revised)

MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
			Biscuit/Sausage/ Juice / Peaches/Milk **Pizza on WW Crust** **Steamed Broccoli** **Seasoned Corn** **Mixed Fruit** **Milk** **5**	Cereal/Graham Crackers/Applesauce/Juice/Milk **Chicken Nuggets w/BBQ Sauce** **Baked French Fries** **Seasoned Green Beans** **Sliced Peaches** **Milk** **or Choice of Subway Meal M.S. & H.S.** **6**
French Toast Sticks w/ Syrup/ Pears /Milk/Juice **Red Beans or Pinto Beans w/Sausage or Ham** **Steamed Rice (Brown)** **Seasoned Greens Choice** **Vegetable Medley/Chilled Pears** **WW Cornbread/ Milk** **9**	Scrambled Eggs / Grits/ Jelly Fruit Choice/ Juice / Milk **Spaghetti w/ Meat Sauce** **Steamed Broccoli** **Pineapple Tidbits** **Garlic Bread** **Milk** **10**	2 oz. Asst. Muffins Applesauce / Juice / Milk **Pizza on WW Crust** **Tossed Dark Green Salad** **Steamed Corn** **Fresh Fruit** **Milk** **11**	Cereal/Graham Crackers/ Fresh Fruit/Juice/Milk **Turkey/Sausage Gumbo** **Steamed Brown Rice** **Carrot Sticks w/Dip** **Zesty Green Beans** **Fruit Mix / WW Crackers** **Milk** **12**	Biscuit/Sausage/Mixed Fruit or Fruit Choice/Milk **Baked Potato w/Chili & Cheese** **Dark Green Salad Fresh Fruit/WG** **WG Cookie or Cinnamon Bread** **Milk** **Or Choice of Subway Meal HS & MS** 13
Martin Luther King Day **School Holiday** **16**	Breakfast Stix/Syrup/Pear Halves/Juice/Milk **Chicken Nuggets** **Mac n Cheese** **Glazed Carrots** **Seasoned Green Beans** **Fruit Mix** **WW Roll / Milk** **17**	Scrambled Eggs /Sliced Ham Banana/ Juice / Milk **Hearty Taco Soup** **Grilled Cheese Sandwich** **Steamed Broccoli** **Fresh Fruit Choice** **Milk** **18**	Biscuit/ Sausage/Juice/ Fruit Choice/ Milk **Turkey Stew w/Steamed Rice (Brown)** **Seasoned Vegetable Medley** **Dark Green Salad** **Strawberry Cup** **WG Roll/Milk** **19**	Waffles /Syrup/ Applesauce/Juice/Milk **Hot Dog w/Chili on WW Bun** **Tator Tots** **Catsup/Mustard/Mayo** **Seasoned Corn** **Fresh Fruit Choice/Milk** **or Choice of Subway Meal M.S. & H.S.** 20
Pancakes/Syrup/Orange Wedges/ Fruit/Juice/Milk **Red Beans or Pinto Beans w/Sausage or Ham** **Steamed Rice (Brown)** **Seasoned Greens Choice** **Sweet Potatoes/Chilled Pears** **WW Cornbread/ Milk** **23**	Breakfast Pizza/ Spiced Applesauce/Fruit/Milk **Hearty Taco Soup** **Grilled Cheese Sandwich** **Steamed Broccoli** **Carrot Sticks w/Dip** **Fresh Fruit Choice** **Milk** **24**	Cereal/Graham Crackers/Fresh Fruit/ Juice/Milk **Pizza on WW Crust** **Dark Green Salad** **Steamed Corn** **Fresh Fruit** **Milk** **25**	2 oz. Asst. Muffins Sliced Peaches / Juice / Milk **Oven Baked Chicken** **Mashed Potatoes w/Gravy** **Zesty Green Beans** **Strawberry Cup** **WW Roll / Milk** **26**	Scrambled Eggs /Biscuit or Grits Banana/Juice /Milk **Hamburger on Wheat Bun** **L/T/P Cup** **Tator Tots/ Fresh Fruit Choice** **Catsup/ Mustard/Mayo/ Milk** **Or Choice of Subway Meal HS & MS** **27**
French Toast Sticks w/ Syrup/ Pears /Milk/Juice **Turkey/Sausage Jambalaya** **White Beans** **Dark Green Salad** **Sliced Peaches** **WG Roll/Milk** **30**	Scrambles Eggs/Grits/Jelly/ Fruit Choice/Milk **Spaghetti w/ Meat Sauce** **Steamed Broccoli** **Pineapple Tidbits** **Garlic Bread** **Milk** **31**	***Menus are subject to change due to availability* Extra sale choices are available daily for purchase. *** ***Bagged Lunches are available upon request for student field trips (Cafeteria must be notified two weeks in advance**		

Notification Statement: **West Feliciana Parish Child Nutrition Program does not purchase peanuts and peanut butter for meals produced in our kitchens; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.**