

## West Feliciana Parish Child Nutrition Program Elementary School Menu

March 2017 (Revised 02/07/2017)

MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
		<b>Mardi Gras Holiday</b> <b>No Students</b> <b>Professional Development Day</b>	Scrambled Eggs /Biscuit or Grits/Jelly Banana/Juice /Milk  <b>Hamburger on Wheat Bun</b> <b>Lettuce/Pickle Cup/ Tator Tots</b> <b>Canned Fruit Choice</b> <b>Catsup/ Mustard/Mayo</b> <b>Milk</b>	Cereal/ Graham Crackers/Banana/Juice Choice/Milk  <b>Cheese Pizza</b> <b>Dark Green Salad/LF Dressing</b> <b>Steamed Corn/Fresh Fruit</b> <b>Milk</b>
		1	2	3
French Toast Sticks w/ Syrup/ Pears /Milk/Juice  <b>Turkey/Sausage Jambalaya</b> <b>White Beans</b> <b>Dark Green Salad/LF Dressing</b> <b>Sweet Potatoes</b> <b>Sliced Peaches/WG Roll/Milk</b>	Breakfast Stix/Syrup/Pear Halves/Juice/Milk  <b>Chicken Nuggets</b> <b>Mac &amp; Cheese</b> <b>Glazed Carrots</b> <b>Seasoned Green Beans</b> <b>Fruit Mix/Milk</b>	Scrambled Eggs / Grits Banana/ Juice / Milk  <b>Hearty Taco Soup</b> <b>Grilled Cheese Sandwich</b> <b>Steamed Broccoli</b> <b>Fresh Fruit Choice/Milk</b>	Biscuit/ Sliced Ham/Fruit Choice/ Juice/Milk  <b>Oven Baked Chicken</b> <b>Mashed Potatoes w/Gravy</b> <b>Seasoned Greens</b> <b>Strawberry Cup or Applesauce</b> <b>WG Roll/Milk</b>	Homemade Cinnamon Rolls Applesauce/Juice/Milk  <b>Tuna Casserole</b> <b>Dark Green Salad w/LF Dressing</b> <b>Seasoned Corn</b> <b>Fresh Fruit</b> <b>Milk</b>
6	7	8	9	10
Pancakes/Syrup/Orange Wedges/ Juice/Milk  <b>Red Beans or Pinto Beans</b> <b>w/Sausage or Ham</b> <b>Steamed Rice</b> <b>Seasoned Greens Choice</b> <b>Sweet Potatoes/Chilled Pears</b> <b>WW Cornbread/ Milk</b>	Breakfast Pizza/ Spiced Applesauce/Fruit/Milk  <b>Hot Ham &amp; Cheese on WG Bun</b> <b>Baked French Fries</b> <b>Lettuce/Pickle Cup</b> <b>Mixed Fruit Cup</b> <b>Catsup/Mustard/Mayo / Milk</b>	Cereal/Graham Crackers/Banana Juice/Milk  <b>Chili Mac</b> <b>Dark Green Salad</b> <b>Steamed Corn</b> <b>Strawberry Cup</b> <b>WG Roll</b> <b>Milk</b>	Biscuit/ Sausage/Juice/ Fruit Choice/ Milk  <b>Turkey or Chicken /Sausage</b> <b>Gumbo/Steamed Brown Rice</b> <b>Carrot Sticks w/Dip</b> <b>Zesty Green Beans</b> <b>Chilled Peaches</b> <b>WW Crackers/Milk</b>	Scrambled Eggs /Biscuit/Jelly Fruit Choice/Juice /Milk  <b>Homemade Vegetable Soup</b> <b>Grilled Cheese Sandwich</b> <b>Dark Green Salad w/LF Dressing</b> <b>Fresh Fruit Choice/Milk</b>
13	14	15	16	17
French Toast Sticks w/ Syrup/ Pears /Milk/Juice  <b>Spaghetti w/ Meat Sauce</b> <b>Steamed Broccoli</b> <b>Dark Green Salad w/LF</b> <b>Dressing/Applesauce</b> <b>Garlic Bread/Milk</b>	Biscuit/Sliced Ham/Jelly/ Fruit Choice/Milk  <b>Turkey/Sausage Jambalaya</b> <b>White Beans</b> <b>Seasoned Greens Choice</b> <b>Sweet Potatoes</b> <b>Sliced Peaches/WG Roll/Milk</b>	Breakfast Stick Fruit Choice/Juice/Milk  <b>Pizza on WW Crust</b> <b>Mixed Vegetables</b> <b>Dark Green Salad w/LF</b> <b>Dressing</b> <b>Fresh Fruit Choice/Milk</b>	2 oz. Asst. Muffins Sliced Peaches / Juice / Milk  <b>BBQ Chicken</b> <b>Potato Salad/Baked Beans</b> <b>Chilled Pears</b> <b>WG Roll/Milk</b>	Cereal/Graham Crackers/Banana/Juice/Milk  <b>Tuna Fish Salad/Sliced WG Bread</b> <b>Mac &amp; Cheese</b> <b>Lettuce Leaf w/Pickle</b> <b>Glazed Carrots/ Fresh Fruit/Milk</b>
20	21	22	23	24
French Toast Sticks w/ Syrup/ Pears /Milk/Juice  <b>Turkey/Sausage Jambalaya</b> <b>White Beans</b> <b>Dark Green Salad/LF Dressing</b> <b>Sweet Potatoes</b> <b>Sliced Peaches/WG Roll/Milk</b>	Breakfast Stix/Syrup/Pear Halves/Juice/Milk  <b>Chicken Nuggets</b> <b>Mac n Cheese</b> <b>Glazed Carrots</b> <b>Seasoned Green Beans</b> <b>Fruit Mix/Milk</b>	Scrambled Eggs / Grits Banana/ Juice / Milk  <b>Hearty Taco Soup</b> <b>Grilled Cheese Sandwich</b> <b>Steamed Broccoli</b> <b>Fresh Fruit Choice/Milk</b>	Biscuit/ Sliced Ham/Fruit Choice/ Juice/Milk  <b>Oven Baked Chicken</b> <b>Mashed Potatoes w/Gravy</b> <b>Seasoned Greens</b> <b>Strawberry Cup or Applesauce</b> <b>WG Roll/Milk</b>	Homemade Cinnamon Rolls Applesauce/Juice/Milk  <b>Tuna Casserole</b> <b>Dark Green Salad w/LF Dressing</b> <b>Seasoned Corn</b> <b>Fresh Fruit/Milk</b>
27	28	29	30	31

**\* Notification Statement:** West Feliciana Parish Child Nutrition Program does not purchase peanuts and peanut butter for meals produced in our kitchens; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.